

Teamster Center Services Fund Employee Assistance Program

What is the Employee Assistance Program?

The Employee Assistance program (EAP) is a confidential, professional advice and referral program established through a coalition of Teamster welfare funds for eligible plan participants. It is designed to assist you and your family members with a wide range of personal and/or work-related problems such as:

- Stress / Anxiety
- Grief
- Alcohol / Drugs
- Depression
- Marriage / Family Issues
- Anger Management
- Positive Drug Test Results (SAP Evaluations)

Treatment Referrals

The employee assistance staff can assist you in locating in-network providers and finding the appropriate level of care for your situation.

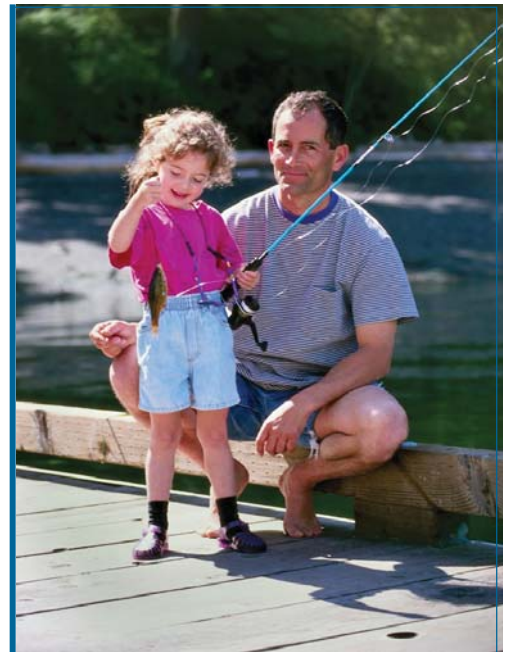
Note: Many benefit plans require participants to contact Teamster Center Services prior to entering inpatient substance abuse or psychiatric treatment. Plan participants are advised to check their benefit plan documents prior to any treatment admissions.

Confidential, Professional Support Services

All discussions between you and the employee assistance counselor are confidential. Teamster Center Services is staffed by professional counselors who will help you address problems that can adversely affect your job performance, reliability, personal health and family relationships.

Is There a Cost for EAP services?

The services of the Teamster Center Services Employee Assistance Program are provided through your benefit plan at no cost to you.



For more information, call
Teamster Center Services
at
800-433-4827

Hours:
Monday - Thursday
8:30am to 4:30pm

Friday
8:30am to 4:00pm



Teamster Center Services

**121 West 27th Street
Suite 1100
New York, NY 10001**



Teamster Center Services

**For confidential assistance, call
800-433-4827 or 212-235-5003**